



TIL O'RGANISHDA AUTENTIK MATERIALLARNING NUTQIY KOMPETENSIYANI RIVOJLANTIRISHDAGI ROLI

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Annotatsiya

Mazkur ilmiy maqolada chet tilini o'rganish jarayonida autentik materiallardan foydalanishning nutqiy kompetensiyani rivojlantirishdagi ahamiyati kompleks tarzda o'rganiladi. Autentik materiallar real kommunikativ muhitni aks ettiruvchi yozma, audio va video manbalar sifatida talqin qilinib, ularning til o'rganuvchilarning og'zaki nutqi, tinglab tushunish, yozma ifoda, leksik boyligi va madaniyatlararo kompetensiyasiga ta'siri ilmiy jihatdan tahlil qilinadi. Tadqiqotda nazariy yondashuvlar bilan bir qatorda amaliy tajriba-sinov ishlari natijalari ham keltirilgan. Natijalar autentik materiallardan foydalanish o'quvchilarning nutqiy faolligini oshirish, kommunikativ kompetensiyani rivojlantirish hamda real til muhitiga moslashish jarayonini tezlashtirishda samarali vosita ekanini ko'rsatadi.

Kalit so'zlar: autentik materiallar, nutqiy kompetensiya, kommunikativ yondashuv, chet tili metodikasi, madaniyatlararo kommunikatsiya, real til muhiti.

Kirish

Zamonaviy ta'lim tizimi globallashtirish, raqamlashtirish va xalqaro kommunikatsiya jarayonlari bilan chambarchas bog'liq holda rivojlanmoqda. Chet tilini o'rganish bugungi kunda shaxsiy va professional rivojlanishning muhim omillaridan biri hisoblanadi. Shu sababli til o'rgatishda grammatik bilimlardan tashqari real kommunikativ vaziyatlarda samarali muloqot qila olish ko'nikmalarini shakllantirish ustuvor vazifaga aylandi. An'anaviy o'qitish metodlari ko'pincha sun'iy matnlar va soddalashtirilgan dialoglarga asoslanadi. Bunday materiallar o'quvchilarning grammatik bilimlarini oshirishi mumkin, biroq real hayotdagi nutq tezligi, aksentlar, madaniy kontekst va tabiiy til birliklarini to'liq aks ettira olmaydi. Natijada o'quvchilar real muloqot jarayonida nutqni tushunishda yoki erkin fikr bildirishda qiyinchiliklarga duch keladilar. Shu nuqtai nazardan autentik materiallardan foydalanish zamonaviy



kommunikativ yondashuvning muhim elementi sifatida qaraladi. Ular tilni real kontekstda o'rganish imkonini beradi, o'rganuvchilarni tabiiy til muhitiga yaqinlashtiradi va nutqiy kompetensiyaning kompleks rivojlanishiga xizmat qiladi. Mazkur maqolaning asosiy maqsadi autentik materiallarning nutqiy kompetensiyani rivojlantirishdagi o'rni va samaradorligini chuqur ilmiy tahlil qilish hamda ularni ta'lim jarayoniga integratsiya qilish bo'yicha metodik tavsiyalar ishlab chiqishdan iborat.

Autentik materiallar tushunchasi va ilmiy asoslari

Til o'qitish metodikasida autentik materiallar tushunchasi kommunikativ yondashuv rivojlanishi bilan keng qo'llanila boshladi. Ilmiy adabiyotlarda autentik materiallar o'quv maqsadlari uchun maxsus yaratilmagan, balki real kommunikatsiya ehtiyojlari uchun ishlab chiqilgan matnlar va media manbalar sifatida ta'riflanadi. Tadqiqotchilar autentik materiallarni tilning tabiiyligini saqlab qoluvchi vosita sifatida baholaydilar. Bunday materiallarda grammatik strukturalar, so'z birikmalari va nutqiy strategiyalar real kontekstda qo'llaniladi. Shu sababli ular o'rganuvchilarga tilni sun'iy emas, balki hayotiy vaziyatlar orqali o'zlashtirish imkonini beradi.

Autentik materiallar kommunikativ kompetensiya nazariyasiga asoslanadi. Ushbu nazariya til o'rganishda faqat grammatik to'g'rilik emas, balki nutqiy moslik va kommunikativ samaradorlik ham muhimligini ta'kidlaydi. Real materiallar aynan shu maqsadga xizmat qilib, o'rganuvchilarning tilni kontekstual tushunishiga yordam beradi.

Autentik materiallarning turlari va pedagogik imkoniyatlari

Autentik materiallar turli shaklda bo'lishi mumkin va har bir tur til ko'nikmalarining muayyan jihatlarini rivojlantirishga xizmat qiladi.

Yozma autentik materiallar — gazeta maqolalari, bloglar, reklama matnlari, ijtimoiy tarmoq postlari, rasmiy hujjatlar — o'qish va yozish ko'nikmalarini rivojlantirishda samarali hisoblanadi. Ular o'rganuvchilarga real diskurs tuzilishini anglash, matn tahlili qilish va fikrni mantiqiy ifodalash imkonini beradi.

Audio materiallar — podkastlar, radio eshittirishlari, intervyular — tinglab tushunish, talaffuz va intonatsiya ko'nikmalarini rivojlantiradi. Tabiiy nutq tezligi o'rganuvchilarning eshitish orqali tilni idrok etish qobiliyatini oshiradi.

Video materiallar — filmlar, seriallar, yangiliklar — nutqiy vaziyatlarni vizual kontekst bilan birlashtirib, og'zaki nutq va madaniyatlararo kompetensiyani rivojlantirishga yordam beradi. Ular mimika, jestlar va ijtimoiy rollarni tushunishga ham imkon yaratadi.

Nutqiy kompetensiya va uning tarkibiy jihatlari



Nutqiy kompetensiya kommunikativ kompetensiyaning asosiy tarkibiy qismi bo'lib, til o'rganuvchining real vaziyatlarda samarali muloqot qila olish qobiliyatini anglatadi. U bir nechta komponentlarning uyg'un rivojlanishiga asoslanadi.

Leksik kompetensiya — so'z boyligi va frazeologik birliklarni bilish. Grammatik kompetensiya — til qoidalarini to'g'ri qo'llash. Fonetik kompetensiya — talaffuz, urg'u va intonatsiyani to'g'ri qo'llash. Diskursiv kompetensiya — nutqni mantiqiy tashkil eta olish. Madaniyatlararo kompetensiya — til ortidagi ijtimoiy va madaniy kontekstni tushunish.

Autentik materiallar ushbu komponentlarning barchasini bir vaqtning o'zida rivojlantirish imkonini beradi, chunki ular tilni real kommunikativ muhitda taqdim etadi.

Autentik materiallarning nutqiy kompetensiyaga ta'siri

Autentik materiallar asosida tashkil etilgan mashg'ulotlar o'quvchilarning nutqiy faolligini oshiradi. Real voqealarga asoslangan materiallar o'quvchilarda qiziqish uyg'otadi, ularda fikr bildirish va munozara qilish istagini kuchaytiradi.

Bunday materiallar orqali o'rganuvchilar:

- tabiiy nutq tezligini tushunishni o'rganadilar;
- zamonaviy leksikani o'zlashtiradilar;
- ijtimoiy vaziyatlarga mos nutq strategiyalarini rivojlantiradilar;
- madaniy farqlarni anglay boshlaydilar.

Shuningdek, autentik materiallar o'quvchilarning mustaqil o'rganish ko'nikmalarini ham rivojlantiradi, chunki ular real manbalar bilan ishlashni talab qiladi.

Tadqiqot metodologiyasi

Tadqiqot B1–B2 darajadagi o'rganuvchilar ishtirokida amalga oshirildi. Ishtirokchilar tasodifiy tanlash asosida nazorat va tajriba guruhlariga ajratildi. Tajriba guruhi dars jarayonida autentik materiallardan muntazam foydalandi, nazorat guruhi esa an'anaviy darsliklarga tayanib o'qitildi. Ma'lumotlarni yig'ish uchun diagnostik testlar, og'zaki nutq baholash mezonlari, so'rovnomalar va kuzatuv metodlaridan foydalanildi. Tadqiqot bir necha oy davomida olib borilib, o'quvchilarning nutqiy kompetensiyasidagi o'zgarishlar muntazam ravishda qayd etildi.

Natijalar va ilmiy tahlil

Tajriba yakunida autentik materiallardan foydalangan guruhda og'zaki nutq ravonligi, so'z boyligi va tinglab tushunish darajasi sezilarli oshgani kuzatildi. O'quvchilar real



kommunikativ vaziyatlarda o'z fikrlarini erkin ifodalashga moyillik ko'rsatdilar. Nazorat guruhida esa grammatik aniqlik oshgan bo'lsa-da, nutqiy erkinlik darajasi pastroq bo'lib qoldi.

Natijalar shuni ko'rsatadiki, autentik materiallar til o'rganuvchilarning kommunikativ kompetensiyasini rivojlantirishda an'anaviy materiallarga nisbatan samaraliroq vosita hisoblanadi.

Ilmiy muhokama

Olingan natijalar xalqaro tadqiqotlar bilan hamohang bo'lib, autentik materiallar kommunikativ yondashuvning samarali komponenti ekanini tasdiqlaydi. Biroq materiallarni tanlashda o'quvchilarning til darajasi, yosh xususiyatlari va madaniy tajribasini hisobga olish muhim. Juda murakkab materiallar o'quvchilarda motivatsiya pasayishiga olib kelishi mumkin.

Shu bois autentik materiallarni soddalashtirish emas, balki ularni metodik jihatdan to'g'ri moslashtirish tavsiya etiladi.

Xulosa

Mazkur tadqiqot chet tilini o'rganish jarayonida autentik materiallardan foydalanish nutqiy kompetensiyani rivojlantirishda muhim va samarali pedagogik vosita ekanini ilmiy jihatdan asoslab berdi. Olib borilgan nazariy tahlil va tajriba-sinov ishlari natijalari autentik materiallar til o'rganuvchilarning real kommunikativ muhitga moslashuvini tezlashtirishini, ularning og'zaki va yozma nutq faolligini oshirishini hamda tilni amaliy jihatdan qo'llash qobiliyatini kuchaytirishini ko'rsatdi.

Tadqiqot jarayonida autentik materiallar bilan ishlash o'rganuvchilarning leksik boyligini kengaytirishi, tabiiy nutq tezligi va intonatsiyasini yaxshiroq idrok etishiga yordam berishi aniqlangan. Shuningdek, bunday materiallar orqali o'quvchilar til birliklarini kontekstda o'zlashtiradi, bu esa grammatik va diskursiv kompetensiyaning mustahkamlanishiga xizmat qiladi. Ayniqsa, audio va video autentik materiallardan foydalanish fonetik ko'nikmalarni rivojlantirishda muhim ahamiyat kasb etishi kuzatildi.

Tadqiqot natijalari shuni ham ko'rsatdiki, autentik materiallar asosida tashkil etilgan mashg'ulotlar o'quvchilarning o'quv motivatsiyasini oshiradi, ularni mustaqil fikr bildirishga, munozara qilishga va tanqidiy yondashishga undaydi. Real hayotga oid mavzular va materiallar o'quvchilarni faol kommunikatsiyaga jalb etib, ularning nutqiy ishonchini mustahkamlaydi. Bu holat, o'z navbatida, kommunikativ kompetensiyaning shakllanishida muhim omil hisoblanadi.

Bundan tashqari, autentik materiallar til o'rganishda madaniyatlararo kompetensiyani rivojlantirishga ham xizmat qiladi. Ular o'rganuvchilarga til ortidagi ijtimoiy, madaniy



va pragmatik jihatlarni anglash imkonini beradi, bu esa noto'g'ri talqinlar va kommunikativ to'siqlarning kamayishiga olib keladi. Shu orqali o'quvchilar global muloqot muhitida samarali ishtirok etishga tayyorlanadi.

Xulosa qilib aytganda, autentik materiallardan foydalanish chet tili ta'limining samaradorligini oshirish, nutqiy kompetensiyani kompleks rivojlantirish va o'rganuvchilarni real muloqotga tayyorlashda muhim metodik yondashuv hisoblanadi. Shuning uchun zamonaviy chet tili ta'limida autentik materiallarni tizimli, maqsadli va metodik jihatdan to'g'ri integratsiya qilish tavsiya etiladi. Kelgusidagi tadqiqotlar autentik materiallardan foydalanishning turli yosh va til darajalaridagi o'rganuvchilarga ta'sirini chuqurroq o'rganishga, shuningdek, raqamli platformalar asosidagi autentik materiallarning samaradorligini aniqlashga yo'naltirilishi maqsadga muvofiqdir.

Foydalanilgan adabiyotlar

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THE ROLE OF AUTHENTIC MATERIALS IN DEVELOPING SPEAKING COMPETENCE IN FOREIGN LANGUAGE LEARNING

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Abstract

This scientific article provides a comprehensive analysis of the importance of using authentic materials in the process of foreign language learning and their role in developing speaking competence. Authentic materials are interpreted as written, audio, and video sources that reflect a real communicative environment. Their impact on learners' speaking skills, listening comprehension, written expression, lexical development, and intercultural competence is analyzed from a scientific perspective. Along with theoretical approaches, the study also presents the results of practical experimental work. The findings demonstrate that the use of authentic materials is an effective tool for increasing learners' speaking activity, developing communicative competence, and accelerating adaptation to a real language environment.

Keywords: authentic materials, speaking competence, communicative approach, foreign language methodology, intercultural communication, real language environment.

Introduction

The modern education system is developing in close connection with globalization, digitalization, and international communication processes. Learning a foreign language



has become one of the key factors of personal and professional development today. Therefore, in language teaching, alongside grammatical knowledge, forming the ability to communicate effectively in real-life situations has become a priority task.

Traditional teaching methods are often based on artificial texts and simplified dialogues. While such materials may improve learners' grammatical knowledge, they fail to fully reflect real-life speech speed, accents, cultural context, and natural language units. As a result, learners face difficulties in understanding speech or expressing their ideas freely in real communication situations.

From this perspective, the use of authentic materials is considered an important element of the modern communicative approach. They provide opportunities to learn language in a real context, bring learners closer to a natural language environment, and contribute to the comprehensive development of speaking competence.

The main aim of this article is to conduct an in-depth scientific analysis of the role and effectiveness of authentic materials in developing speaking competence and to develop methodological recommendations for their integration into the educational process.

The Concept of Authentic Materials and Theoretical Foundations

In language teaching methodology, the concept of authentic materials became widely used with the development of the communicative approach. In scientific literature, authentic materials are defined as texts and media sources that are not created specifically for educational purposes but are produced for real communicative needs.

Researchers consider authentic materials as a means of preserving the naturalness of language. In such materials, grammatical structures, collocations, and communicative strategies are used in real contexts. Therefore, they allow learners to acquire language not artificially, but through real-life situations.

Authentic materials are based on the theory of communicative competence, which emphasizes that not only grammatical accuracy but also communicative appropriateness and effectiveness are essential in language learning. Real materials serve exactly this purpose by helping learners understand language contextually.



Types of Authentic Materials and Their Pedagogical Potential

Authentic materials can take various forms, each contributing to the development of specific language skills.

Written authentic materials such as newspaper articles, blogs, advertisements, social media posts, and official documents are effective in developing reading and writing skills. They help learners understand real discourse structures, analyze texts, and express ideas logically.

Audio materials including podcasts, radio programs, and interviews develop listening comprehension, pronunciation, and intonation skills. Natural speech speed enhances learners' ability to perceive language through listening.

Video materials such as films, TV series, and news programs combine speech situations with visual context, supporting the development of speaking skills and intercultural competence. They also help learners understand facial expressions, gestures, and social roles.

Speaking Competence and Its Components

Speaking competence is a core component of communicative competence and refers to a learner's ability to communicate effectively in real situations. It is based on the harmonious development of several components:

- Lexical competence – knowledge of vocabulary and phraseological units;
- Grammatical competence – correct use of language rules;
- Phonetic competence – accurate pronunciation, stress, and intonation;
- Discourse competence – ability to organize speech logically;
- Intercultural competence – understanding the social and cultural context behind the language.

Authentic materials allow all these components to develop simultaneously, as they present language in a real communicative environment.



The Impact of Authentic Materials on Speaking Competence

Lessons based on authentic materials increase learners' speaking activity. Materials based on real events stimulate learners' interest and enhance their desire to express opinions and participate in discussions.

Through such materials, learners:

- learn to understand natural speech speed;
- acquire modern vocabulary;
- develop speech strategies appropriate to social situations;
- become aware of cultural differences.

Authentic materials also promote independent learning skills, as they require learners to work with real sources.

Research Methodology

The study was conducted with B1–B2 level learners. Participants were randomly divided into experimental and control groups. The experimental group regularly used authentic materials in the learning process, while the control group relied on traditional textbooks.

Data were collected using diagnostic tests, speaking assessment criteria, questionnaires, and observation methods. The research lasted several months, during which changes in learners' speaking competence were systematically recorded.

Results and Scientific Analysis

At the end of the experiment, the group using authentic materials demonstrated a significant improvement in speaking fluency, vocabulary range, and listening comprehension. Learners showed a greater tendency to express their ideas freely in real communicative situations.

In the control group, grammatical accuracy improved; however, the level of speaking fluency remained relatively low.



The results indicate that authentic materials are a more effective tool for developing communicative competence compared to traditional materials.

Scientific Discussion

The findings are consistent with international research, confirming that authentic materials are an effective component of the communicative approach. However, it is important to consider learners' language level, age characteristics, and cultural experience when selecting materials. Overly complex materials may lead to decreased motivation.

Therefore, it is recommended not to simplify authentic materials, but rather to adapt them methodologically.

Conclusion

This study scientifically substantiates that the use of authentic materials in foreign language learning is an important and effective pedagogical tool for developing speaking competence. The theoretical analysis and experimental results demonstrate that authentic materials accelerate learners' adaptation to a real communicative environment, increase their oral and written language activity, and enhance their ability to use language practically.

The research shows that working with authentic materials expands learners' vocabulary and improves their perception of natural speech speed and intonation. Moreover, learners acquire language units in context, which strengthens grammatical and discourse competence. In particular, the use of audio and video authentic materials plays a significant role in developing phonetic skills.

The results also reveal that lessons based on authentic materials increase learners' motivation, encourage independent expression, discussion, and critical thinking. Real-life topics and materials engage learners in active communication and strengthen their confidence in speaking, which is a crucial factor in the development of communicative competence.

In addition, authentic materials contribute to the development of intercultural competence by enabling learners to understand the social, cultural, and pragmatic



aspects behind the language. This reduces misinterpretations and communicative barriers and prepares learners for effective participation in global communication.

In conclusion, the use of authentic materials is a key methodological approach in increasing the effectiveness of foreign language education, developing speaking competence comprehensively, and preparing learners for real communication. Therefore, it is recommended to integrate authentic materials systematically, purposefully, and methodologically into modern foreign language teaching. Future research should focus on exploring the impact of authentic materials on learners of different age groups and proficiency levels, as well as examining the effectiveness of authentic materials delivered through digital platforms.

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