



# Journal of Effective Learning and Sustainable Innovation

## Teaching English Language through Technologies

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### Abstract

In the last two decades, technology has become an essential component of English language teaching (ELT). Mobile-Assisted Language Learning (MALL), online platforms, interactive multimedia, and artificial intelligence (AI) tools provide new opportunities for flexible, effective, and motivating instruction. This thesis reviews key studies and presents evidence on how digital technologies enhance vocabulary, pronunciation, listening, speaking, and overall proficiency, while also examining challenges, pedagogical recommendations, and future directions.

The rise of online education is just one instance of how technological advancements are transforming English Language Teaching. Language learning in the classroom is becoming more digitized as innovative technologies are woven into every facet of teaching, including lesson planning, assessment, and professional development.

**Key words:** types of technology, English teaching, mobile tools, language skills, untraditional methods

### Introduction

English has become a global language for education, business, and international communication. Traditional classroom methods remain valuable, but the integration of technology has transformed language learning into a more interactive, personalized, and authentic experience. The COVID-19 pandemic accelerated the adoption of online learning, proving the necessity of digital solutions in education. This paper explores how technology supports English teaching and learning through empirical evidence and pedagogical frameworks.

### 1. Types of Technologies and Their Applications

Technology Examples: Applications in English Teaching, Mobile-Assisted Language Learning (MALL) Duolingo, Beelinguapp, WhatsApp groups

Vocabulary practice, grammar exercises, pronunciation drills, instant feedback.

Online Platforms / Learning Management Systems (LMS) Google Classroom, Moodle, Zoom, Microsoft Teams Organizing lessons, submitting assignments, conducting real-time discussions and tests.

Multimedia and Interactive Tools YouTube, TED Talks, podcasts, AR/VR apps



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Authentic listening, real-life context exposure, visual aids for comprehension. Gamification and Task-Based Learning Kahoot! Quizlet, interactive storytelling apps enhances motivation and engagement through competitive and playful activities.

### 2. Research Evidence and Key Facts

**Vocabulary Acquisition:** A study in Morocco showed that students using WhatsApp to receive daily vocabulary performed significantly better on post-tests than those using printed lists (International Journal of Language and Linguistics, 2023).

**Overall Proficiency:** Meta-analyses indicate that MALL produces positive effects on language skills compared to traditional methods, with no negative impact on retention (Journal of Computer Assisted Learning, 2022).

**Pronunciation:** An Indonesian experiment reported a t-value of 14.11 in pre- vs. post-tests for pronunciation practice with mobile tools, indicating significant improvement.

**Speaking Skills:** A2-level learners using interactive websites improved their speaking test scores by an average of 20 points (Polo del Conocimiento Journal, 2024).

**Motivation:** A Turkish study found that mobile task-based learning (M-TBL) increased student satisfaction and class participation (Springer Open, 2023).

These findings demonstrate that digital tools not only increase engagement but also improve measurable outcomes in key language areas.

### 3. Advantages of Technology in English Teaching

**Flexibility** – Learning can occur anytime and anywhere, supporting self-paced study.

**Motivation & Engagement** – Multimedia, gamification, and interactive tasks capture attention and sustain interest.

**Authentic Input** – Podcasts, films, and real-world videos expose learners to natural English usage.

**Repetition & Retention** – Spaced repetition software (e.g., Anki) enhances vocabulary retention.

**Individualization** – Adaptive platforms tailor tasks to learners' strengths and weaknesses.

### 4. Challenges and Limitations

**Technical Infrastructure:** in numerous educational contexts, particularly in developing areas, restricted access to high-speed internet, a shortage of computers, and antiquated software diminish the effectiveness of digital learning. Regular power outages similarly hinder online classes and virtual evaluations. Additionally, numerous students lack the means to purchase personal devices like laptops or tablets, which widens the digital divide among learners and restricts equal involvement in technology-enhanced classes



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**Teacher Training:** Many teachers need professional development to use new tools effectively. Unfortunately, numerous educators do not have adequate training for incorporating digital tools into lesson planning, classroom oversight, and evaluation

**Feedback Quality:** Automated apps may lack the nuanced correction that human teachers provide.

**Learner Discipline:** Learners using online platforms frequently face challenges in managing their time, maintaining focus, or finishing assignments without direct oversight. Social media, games, and notifications can greatly diminish focus and efficiency. Consequently, educators need to explore methods to encourage digital responsibility and inspire students to use technology intentionally

**Socio-Cultural Barriers:** Attitudes toward technology, generational differences, and cultural preferences can influence adoption.

## 5. Pedagogical Recommendations

**Blended Learning** – earners using online platforms frequently face challenges in managing their time, maintaining focus, or finishing assignments without direct oversight. Social media, games, and notifications can greatly diminish focus and efficiency. Consequently, educators need to explore methods to encourage digital responsibility and inspire students to use technology intentionally

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**Digital Literacy Training** – Equip students with skills to navigate online resources safely and effectively.

**Feedback Systems** – aimed at improvement, not just judgment. Visual indicators (progress bars, achievement badges) can boost motivation, while audio or video feedback may create a more personal connection. Use AI speech-recognition tools alongside teacher-led feedback for accurate pronunciation correction.

**Cultural Adaptation** – Select materials and examples that are culturally relevant to the learners' context.

**Motivation Strategies** – Integrate gamification, rewards, and collaborative projects to maintain interest.

## 6. Future Directions

**Artificial Intelligence** – Adaptive platforms that create personalized learning pathways based on learner data.



Virtual and Augmented Reality (VR/AR) - Immersive environments for real-life language simulations.

Holographic and Robot-Assisted Teaching - Real-time interaction with AI-driven tutors.

Global Collaboration - Online language exchanges and international virtual classrooms to enhance cultural competence.

Rigorous Research - Larger sample sizes and controlled studies to strengthen evidence on long-term effectiveness.

## Conclusion

Teaching English through technologies enhances the effectiveness of language instruction by providing flexibility, authentic input, and engaging learning experiences. Empirical studies show significant improvements in vocabulary, pronunciation, and overall proficiency when digital tools are used effectively. However, successful integration requires strong teacher training, reliable infrastructure, and careful pedagogical planning. As AI, VR, and adaptive learning systems continue to evolve, technology will remain a cornerstone of future English language education.

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