



## THE PLACE AND ROLE OF REHABILITATION IN PREVENTING DRUG ADDICTION

**Kholova Mohigul Shavkatovna**

Termez state pedagogy institute student

[mohigulxolova@gmail.com](mailto:mohigulxolova@gmail.com)

**Kurbanova Sabina Ziyodulla daughter**

Termez state pedagogy institute student

e-mail: [ziyodullahoxojamqulov03@gmail.com](mailto:ziyodullahoxojamqulov03@gmail.com)

**Abstract:** This in the article addiction social problem as analysis deviant behavior shape as seeing Drug addiction to society, especially young generation to the mind negative impact deep analysis Also, in the article addiction prevent in receiving rehabilitation process place and importance separately accent with Rehabilitation in the process psychological, social and pedagogical approaches integration through healthy marriage in style return opportunities analysis The approach innovative and modern forms based on efficiency increase roads showing is given.

**Keywords:** Drug addiction, deviant behavior, rehabilitation, prevention, psychological help, social adaptation, healthy marriage style

Today globalization in the process society in front of standing the most current from problems one this is addiction It is not only person his life from the trail releases, maybe social of the system also serious about sustainability threat gives birth. Drug addiction crime, violence, family divorces, psychic disorders and own to the soul intention to do cases with directly Especially young people between this of the disease wide spread anxious



situation is, of society to the future negative impact showing. Youth psychological immaturity, social of control decline, family in the environment indifference and via the internet spreading harmful information their addiction red to put reason is happening.

Sociological and pedagogical research this shows that addiction given individuals often social from the standards aside deviant behavior shown Deviant behavior of forms the most heavy appearance was addiction, not only personal to decline, perhaps social in the environment instability, distrust and indifference environment to increase take comes. Therefore, addiction against fight only legal and medical measures with not, maybe socio-pedagogical approach based on done increase need.

This in the article deviant behavior of addiction within the scope place, its to the formation take incoming factors, as well as these to the detriment against in the fight effective tool as rehabilitation process place and importance analysis Especially rehabilitation through drug addict person's social to life again integration, its social adaptation level, spiritual stability and moral recovery to the processes attention is focused.

Drug addiction – deviant behavior shape as. Deviant behavior term society to the standards contrary was, social acceptance made moral, legal and cultural values destructive actions the sum of means. Drug addiction and this of behavior the most heavy, negative to the consequences take incoming Drug addict person in society own instead loses, moral-human from the virtues give up goodbye, family, friends and society with social connections This situation him/her social to isolation take comes and as a result person completely to the crisis Deviant behavior of drug addiction shape as manifestation to be one how much factors reason will be:

- Biological factors – heredity, neurological changes and organism to substances was sensitivity.
- Psychological factors – to oneself insecurity, emotional instability, stress intolerance



- Social factors – family conflicts, enough attention absence, wrong friends to the environment fall to stay
- Cultural and moral factors – values crisis, spiritual space, in the media addiction promote doer content.

This not to forget It is necessary, addiction in person simple interest as not, maybe consistent accordingly strengthened going, own life in style rotation possible was is a situation. Therefore this The problem is at the individual level. the fight not, maybe complex, systematic approach demand will reach.

Drug addiction prevent take: systematic approach necessity.

Drug addiction against effective fight for it only punishment through solution to be crime as not, maybe prevent to take possible was social danger as consideration Therefore, today's on the day prevention works primary, secondary and tertiary in stages take to go current is:

1. Primary prevention is in stages addiction about information give, negative consequences promote to do, young people social activity increase important place School, college and at universities healthy marriage style culture formation according to special training and seminars organization to be necessary.

2. Secondary prevention is stage danger in the group individuals early determination and individual psychological support help to show in mind Here pedagogue-psychologist, social pedagogue and family advice centers activity big importance profession will reach.

3. Tertiary prevention – that is rehabilitation stage, addiction exposed was individuals to society return, their social and spiritual potential to restore focused.

Rehabilitation process place and role

Rehabilitation is simple treatment not, maybe to the person full-fledged social to life return opportunity giver complex It is the following approach. main directions own inside takes:



Psychological Rehabilitation – Person addiction to connect reason was internal factors detection, stress and anxiety with fight skills to shape, to shape oneself appreciation feeling development

Social Rehabilitation – Person labor to their teams again joining, family with connections recovery, social tasks to perform opportunities increase

Pedagogical Rehabilitation – Individual vital skills, moral values, healthy marriage style about knowledge giving, conscious accordingly decision acceptance to do to teach

Labor Rehabilitation – Employment to provide, to the profession again direction, labor of activity therapeutic from the possibilities use.

Modern rehabilitation in the centers psychotherapy, sanotherapy, art therapy, group training, motivational interviews like methods are used. Their every one to the person relatively individual approach based on is selected.

Conclusion as this let's say it will be addiction today's modern in society the most dangerous and complicated social from problems one as It is not only health, maybe of humanity spiritual and moral the foundation corrosive power as activity shows. This is a sign of illness. root shooting often Deviant behavior of a person to the forms to be given, that is society to the standards contrary accordingly to live with is related to. Therefore, addiction only personal problem not, maybe social, psychological and pedagogical approach demand provider important is a matter.

In the article seeing as it turns out, addiction against in the fight prevention measures with one in line rehabilitation system important place This process person internal and external environment with harmonize it healthy social to life return opportunity Rehabilitation efficiency, first of all, complex approach, psychological support, social adaptation restoration and personal motivation to strengthen depends.

So yes, addiction against in the fight state, society, family, education and health storage system mutual in cooperation movement to do necessary. Especially young people



between spiritual immunity to form, to bring to life relatively positive to look upbringing, healthy marriage style promote to do main task as consideration necessary. Only so systematic approach through addiction root drying and healthy society build to grow possible will be.

#### **Used literature:**

1. Abdullaev, A. Social pedagogy. - Tashkent: Science and Technology, 2019.
2. Heydarov, Q. Theory of pedagogy and practice - Tashkent: Teacher, 2020.
3. Vasiliuk, A. V. Social pedagogy: theory and practice. - Moscow: Academy, 2018.
4. Nazarov, Sh. Basics of pedagogy and psychology. - Tashkent: Science, 2017.
5. Smirnov, S. Social pedagogy. - St. Petersburg: Peter, 2016.
6. UNESCO. Social Pedagogy in the 21st Century. – Paris: UNESCO Publishing, 2021.
7. Uzbekistan Republic " Education about law - Tashkent